

25
BLIANA
YEARS

Comhairle Contae
Fhine Gall
Fingal County
Council



Malahide Library Events for November 2019
Imeachtaí Leabharlainne Mhullach Íde do Mhí na Samhna 2019

Contact us at (01) 8704430 / 31

Email: malahidelibrary@fingal.ie

Fingal Libraries Facebook: <http://bit.ly/2adf2kP>

Fingal Libraries Twitter: <http://bit.ly/1DG3MUE>

Caint ar Dhisléicse

A Talk on Dyslexia

takes place on the morning of Wednesday 6th November from 10.30 – 11.30am.

This talk on dyslexia covers the symptoms, solutions and tips for parents.

The talk is provided by Anne Marie Beggs of the group *Mindseye*, a dyslexia specialist.

Places are limited. If you would like to attend, please book by calling

(01) 8704430 / 31 or by emailing malahidelibrary@fingal.ie



Scagadh Scannán

A Film Screening

provided by the Afternoon Film Club, takes place on Tuesday 12th November at 5.30pm.

Places are limited. If you would like to attend, please book by calling

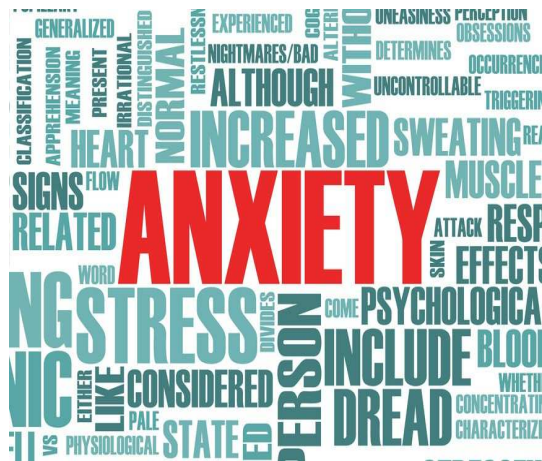
(01) 8704430 / 31 or by emailing malahidelibrary@fingal.ie



Ionad Oibrithe Deonacha Fhine Gall Fingal Volunteer Centre

will be in the library on Tuesday 19th November from 10.00 – 11.00am.

Thinking of volunteering? Fingal Volunteer Centre is your starting point! Come along to talk to their staff. It is necessary to make an appointment – just call 01 899 1921 or email chiara@volunteerfingal.ie



Inní Conas maireachtáil agus maireachtáil

Anxiety: How to Survive and Thrive – a talk with Fiona Hall

takes place on Thursday 21st November from 6.30 – 7.45pm.

Whether it's the increasingly fast pace of life, our growing inability to switch off or the impact of social media on our mental health, more and more people are being affected by rising anxiety levels. In my capacity as both a psychotherapist and declutterer, I have seen a massive increase in the amount of people being held back by anxiety. This workshop looks at identifying triggers, how to manage our thought processes and how to thrive at life whilst working through anxiety.

Places are limited. If you would like to attend, please book by calling (01) 8704430 / 31 or by emailing malahidelibrary@fingal.ie



Caint ar Thaithí Machnaimh

A Talk on Meditation Experiences

takes place on Friday 22nd of November from 10.30 am – 12.00 noon.
Places are limited. If you would like to attend, please book by calling
(01) 8704430 / 31 or by emailing malahidelibrary@fingal.ie

Ceardlann Aireach

Fun Families Mindfulness Workshop - Autism Friendly

takes place on Saturday 23rd November from 2.00 – 3.00pm.

This is a space for families to share mindfulness-based games and practices together. Children and adults explore how to nourish our happiness and to take good care of our suffering. We practice together with imagination, colouring and some gentle movement to offer a calm, fun space for us to be just who we are. It's a very flexible, welcoming space, with simple practices that all the family can share. Suitable for children aged 6 - 12 years and their families. Numbers limited to 12 children; adults or teens accompanying the children are all welcome.

Places are limited. If you would like to attend, please book by calling
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Science Week

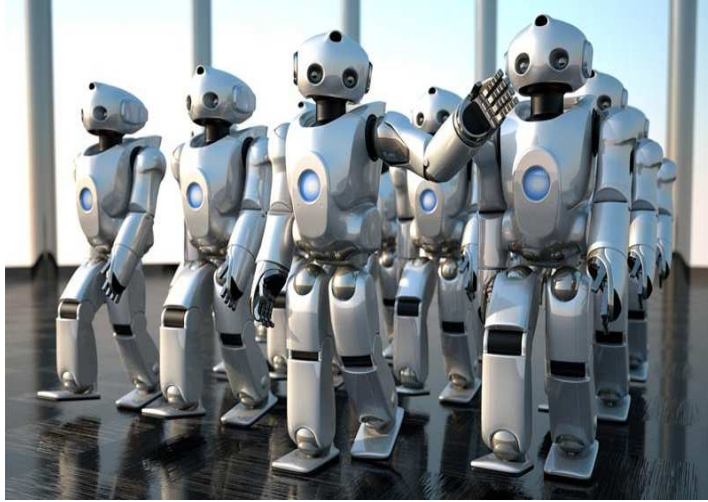
Planetarium an Big Bear

The Big Bear Planetarium

takes place on Wednesday 13th November.

Discover many fascinating facts about the universe in the Big Bear Planetarium. This state-of-the-art dome uses 360 degree computer simulations to bring the wonders of the universe to you! Suitable for children aged 4+

The Big Bear Planetarium is open to the public from 2.00 – 5.00pm. Just come along, no booking is necessary.



Ceardlann Róbataice le Tech Create

A Robotics Workshop with Tech Create

takes place on Saturday 16th November from 2.30 – 4.00pm.

In this workshop children will learn the basics of how robotics work in the world around them. The workshop will consist of a brief introduction followed by a demonstration robot build and some robot based games!

Suitable for children aged 8 – 12 years old.

Places are limited. If you would like to attend, please book by calling (01) 8704430 / 31 or by emailing malahidelibrary@fingal.ie

Regular Events

Ciorcal Comhrá

Conversation Groups

The *French Conversation Group* meets on Mondays afternoons at 4.30pm. Conversation only - a reasonable level of fluency required;

The *German Conversation Group* meets on Mondays evenings at 6.30pm. All levels are welcome;

The *Irish Conversation Group* meets on Thursday mornings at 11.30am. Practice speaking Irish in an informal setting. New members are welcome;

The *Spanish Conversation Group* meets on Thursday evenings at 6.30pm. New members are welcome, especially Spanish speakers.



An Club Scrabble
The Scrabble Club

meets on Tuesdays from 11.00am – 12.00 noon. All are welcome.



Fichille Sóisearach
The Chess Club

for those aged 7-12 years meet every Wednesday from 3.00 -4.00pm.
New members are always welcome.



Scéalaíocht Ilteangach do Leanaí
Multilingual Storytelling for Babies and Toddlers

takes place every Thursday morning from 10.00 – 11.00am. All are welcome to come along.

Scoil na hUngáire
The Hungarian School

meet each Saturday morning from 10.00am – 12.30pm.

Grúpa Scoir Gníomhach Mhullach Íde

The Malahide Active Retirement Group (MARA) Art Group

will meet on Mondays 4th, 11th, 18th and 25th November from 2.30 – 4.30pm.

Clubanna Scannáin

Film Clubs

The *afternoon film club* will meet on the afternoon of Tuesday 5th November at 3.45pm.

The *evening film club* will meet on the evening of Tuesday 26th November at 6.30pm.



Ceardlann Scríbhneoireacht Chruthaitheach /

The Creative Writers

will meet on the evening of Wednesday 6th November at 6.45pm.

Grúpa Scoir Gníomhach Mhullach Íde

Malahide Active Retirement Group (MARA)

will meet on Mondays 11th and 25th November from 10.00am – 1.00pm



Parlús Comhrá

The Conversation Salon will meet on the afternoon of Thursday 21st November at 3.00pm.

Conversation Salons are relaxed, informal, café style gatherings that invite a wide variety of people to engage in uplifting and enriching conversations on a range of different topics. Whether you're 19 or 90 years old, unemployed or a company CEO, a new member of your community or a long-time local, Conversation Salons bring together all different kinds of people at these friendly welcoming events where you meet new people and hear different opinions and ideas.